

How to Communicate Appropriately

March 12, 2022 / Brian T. and Thora Anderson

Relationships Made Simple How to Communicate Appropriately

I. Introduction

II. Differences in the Way Men and Women Communicate

- A. talk/Rapport talk
- B. Face-to-face vs. side by side
- C.
- D. The six degrees of communication
 1. What you to say.
 2. What you say.
 3. What the other person hears.
 4. What the other person he hears.
 5. What the other person says about what you said.
 6. What you the other person said about what you said.

III. How to Communicate Appropriately

- A. Choose the right .
 1. Ecclesiastes 8:6a (NAS) *For there is a proper time and procedure for every delight.*
 2. Philippians 2:4 (NAS) *Do not merely look out for your own personal interests, but also for the interests of others.*
- B. what you're going to say ahead of time!
 1. Proverbs 16:23 (NAS) *The heart of the wise instructs his mouth, and adds persuasiveness to his lips.*
 2. produces persuasion!
- C. Begin with his or her .
 1. Ephesians 4:29 (NAS) *Let no unwholesome word proceed from your mouth, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear.*
 2. In communication, the listener is subconsciously thinking, " should I listen to this? How is this going to me?"
- D. Be willing to hear out first, before talk about it.
 1. Proverbs 18:13 (NAS) *He who gives an answer before he hears, it is folly and shame to him.*
 2. Watch for .
 3. Only 7% of what we communicate is through our !
43% of what we communicate is through our tone of volume, etc.

45% of what we communicate is through our tone of [], volume, etc.

50% of what we communicate is through our [] [] (facial gestures, posture, other gestures, etc.)

E. Say what you're going to say in a [] way!

1. Learn to be [] and optimistic at the same time!

F. [] what you've said. Clarify what you're going to do to bring about [].

1. [] causes problems!

G. End the conversation with an [] word.

1. Proverbs 12:25 (NAS) *Anxiety in a man's heart weighs it down, but a good word makes it glad.*

2. Conclude the conversation by reaffirming . . .

a. Your commitment to the [].

b. Your [] for this person.

c. Your faith that [] is going to help you work this out.

3. The [] is worth the []!

4. Save this material for those issues that are [] in a relationship!

IV. Conclusion